

Welcome to our latest newsletter. We hope you have had a good growing season and as things start to wind down a bit we have some interesting opportunities for you to get involved in if you are looking for a break away from your own garden activities.

Training Facilities at Grove Nursery, Hazlehead

We have started work on tidying up the polytunnel and greenhouse space to create learning areas that we can use to deliver educational programmes for various teacher and community groups.

Big thanks to Pam for helping with the work so far but we could do with a few sessions to remove more weeds and work on the greenhouse set up.

It would probably be 2 hours at a time during the week so if you are available to help then please let us know with preferred days/times and we can arrange something.



TAMS at Grove Nursery

The Allotment Market Stall has taken over a large growing space at Grove and is creating no dig beds. They have a session coming up this Sunday, October 3rd from noon until 2pm where they could do with help in moving more compost onto the beds.

If you are interested could you get in touch with Greg Welsh by email to:

theallotmentmarketstall@gmail.com

Aberlour Trust at Garthdee



Aberlour could still do with some help to dig out an area of ground to plant more herbs into that would provide a sensory area for children when they visit at their new facility in Auchinyell Road.

It would probably take 2-3 folk about 3 hours to do, if you are interested please get in touch with us with your availability.



New Committee Roles

We are delighted to have expanded our committee recently but would still like to add **2 general committee positions**.

We are looking for people who are enthusiastic about growing food & communities and who would be able to take on roles heading up projects and partnerships on our behalf.

We are being asked to get involved with more communities across Aberdeen City & Shire and beyond so this is an ideal opportunity to use or broaden your experience in working with people to develop new skills.

We will provide support to you and pay reasonable expenses. If you are interested please get in touch and we can discuss this further.

We are still working through our Garden School Practitioners programme and are now looking at platforms to deliver this and in discussions with hosts. This will take us a bit of time but bear with us as it will be really good!



Garden Schools Research and Resources

Our Garden Schools website is up and running with YouTube videos to support all of the modules in our educational programme.

This is a great tool for educators for outdoor learning but can be used by anyone anywhere when planning how to build a garden and grow in it.

We can always do with more activities to support this so please have a look at the website www.osfgardenschools.co.uk and if you have any ideas for lessons, or see something good on the web, then let us know.



Our Community Allotment

If you would like to do some growing and learn techniques for growing with One Seed Forward then you are welcome to come along to the community allotment plot at Nellfield Place, Aberdeen.

Just get in touch and we can arrange a convenient time to visit.

We are planning to do some pruning of bushes soon and are always happy to chat about composting techniques.

If you would like to pass this email around friends etc then please do so as we are keen to get more people involved in what we are doing and also to get folk outside into nature with all the well being benefits that this brings to us all. Please be assured that we will adhere to all Covid related guidelines when these activities are taking place.

As you know we are a voluntary organisation but we would be **happy to reimburse you for travel expenses that you incur while taking part and we will make sure you are fed and watered as well!**

If you want to find out more or take part in any of the above, please email oneseedforward@gmail.com or drop us a message on our Facebook page.

Take care,
Bob Donald
Chair, One Seed Forward